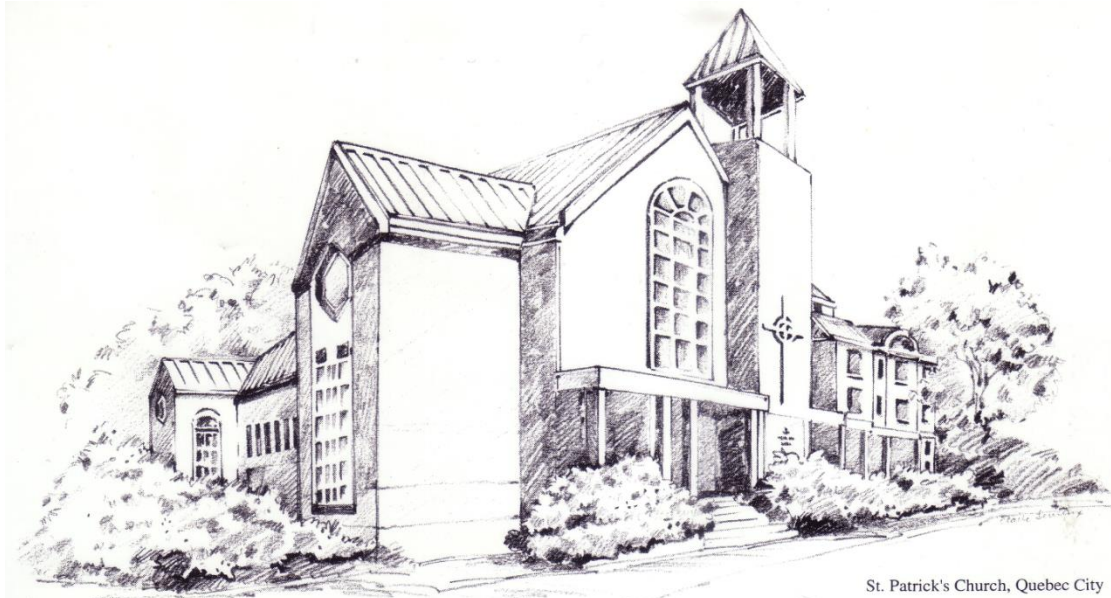


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# St Patrick's Parish Bulletin

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St. Patrick's Church, Quebec City

## Mission Statement

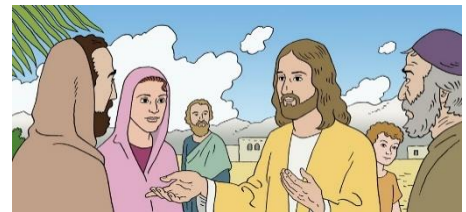
While honouring its Irish heritage, St. Patrick's Parish has a unique mission to live and share the teachings of Jesus Christ with Roman Catholics who worship in the English language in the Diocese.

1145 de Salaberry, Quebec City QC G1R 2V7





418-524-3544 tel. 418-524-3541 fax <http://www.stpatricksquebec.com/>

20th Sunday of Ordinary Time; August 18th, 2024


Today the Jews become annoyed with Jesus because he tells them something "incredible": we must eat His Body and drink His Blood in order to go to heaven. But, how do we do this? Now we understand it: it is through the Eucharistic Communion! The bread and the wine that are consecrated during mass mysteriously become the Body and Blood of Christ. God is the Creator and he can do that! —God trusts us with His mysteries, mostly so that we may accept them, even though we do not understand them fully. Jesus, I trust you!



PARISH STAFF	
<b>Parish Priest</b>	Fr. Réjean Lussier
<b>Office Manager</b>	Anne Black
<b>Admin. Assistant</b>	Marie-France Robitaille
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<b>Secretary</b>	Philip Authier
<b>Member</b>	Thomas Buijs

LITURGY AND SACRAMENTS	
 	<b>Baptism, First Reconciliation, First Communion and Confirmation:</b> Please contact the lay Pastoral Assistant at <a href="mailto:pastoral.assistant@stpatrikquebec.com">pastoral.assistant@stpatrikquebec.com</a> .
 	<b>Marriage and Wedding Anniversary Mass:</b> Please contact the Pastor. <b>Confessions:</b> They are heard before Mass upon request.
<b>Cantor</b>	Helen McCauley
<b>Cantor &amp; Choir Director</b>	Laura Palladino
<b>Organist</b>	Bruce Gaulin
<b>Holy Hour (First Friday of the month, 7PM to 8PM)</b> Priest available for the Sacrament of reconciliation	

Mass			Mass Intentions	
Day	Date	Liturgy	For	From
Saturday	August 17th 16:00 pm	20 <sup>th</sup> Sunday of Ordinary Time	Francois Dussault	Pat McKenna
Sunday	August 18th 10:00 am	20 <sup>th</sup> Sunday of Ordinary Time	Mary Johnston	Alain Fortin
Monday	August 19th		<b>No Mass</b>	
Tuesday	August 20th 11:30 am	Devotion to Our Lady of Perpetual Help (11:15)		
Wednesday	August 21st 11:30 am		Propulo Mass	
Thursday	August 22nd		<b>No Mass</b>	
Friday	August 23rd		<b>No Mass</b>	
Saturday	August 24th 16:00 pm	20 <sup>th</sup> Sunday of Ordinary Time	Ken Sommerville	Jo Lonergan
Sunday	August 25th 10:00 am	20 <sup>th</sup> Sunday of Ordinary time		

 The total collection for last Sunday was approximatly \$1057.00. Thank you for your generosity.

### Catholic Women's League information

Members are invited to a special Spiritual Retreat Summer Picnic at Joan of Arc Garden (Jardin Jeanne-d'Arc), on Saturday, August 24<sup>th</sup> at 1:00 PM. Bring food and faith to share through a question or spiritual thought if possible. We will follow this by attending the 4:00 PM Mass together. In case of inclement weather, we will meet at the church. INTEGRITY A hallmark of the Catholic Women's League is integrity. Members stand together in faithfulness, reliability, honesty, and helping others. We are Catholic and Living It! Come stand with us. We invite you to discover more! Contact or Donate. We appreciate your support! [cwlstpatrikscwl@gmail.com](mailto:cwlstpatrikscwl@gmail.com) Also visit [www.cwl.ca](http://www.cwl.ca) often for news and information.

Love is more than a feeling, it's a decision. It requires practice, focus, patience and faith. Come join the Catholic Women's League and share the love. We invite you to discover more! Contact or Donate. We appreciate your support! [cwlstpatrikscwl@gmail.com](mailto:cwlstpatrikscwl@gmail.com) Also visit [www.cwl.ca](http://www.cwl.ca) often for news and information.

### BAPTISM

Two children were baptized in our church. Their names are Gian Micabalo and Béatrice Garcia. Every time we have a Baptism, at the end of the celebration, we ring the bells outside because it is always a wonderful moment in our Church when we have new Christians.

## Choir from Philadelphia

On Saturday August 24<sup>th</sup>, a choir is going to sing during Mass at 4:PM. It would be nice if you could attend Mass and join us. Father Rejean Lussier

Reflection for this Sunday's Gospel

*«I am the living bread which has come from heaven; whoever eats of this bread will live forever»*

Today, we persevere in the interpretation of the Discourse of the Living Bread that we have been commenting these last Sundays: «I am the living bread which has come from heaven» (Jn 6:51). It has a very well thought-out, and even literary, structure, full of valuable teachings. How wonderful it would be if we, Christians, could have a better knowledge of the Scriptures! We would discover the very Mystery of God that we receive as the true food of our souls, which, more often than not, are drowsy and craving for eternal life. This Living Word is really marvelous, the only Scripture that can actually change our hearts.

Jesus Christ, who is the Way, the Truth and the Life, speaks of himself by saying He is the Bread of Life. And, as we know quite well, the bread is to be eaten. But to eat —we should not forget— we must be hungry. How can we actually understand what being a Christian really means, if we have lost our hunger for God? Hunger to know Him, hunger to regard Him as a good Friend, hunger to make Him known to all, hunger to share Him, as we share our bread at the table. What a beautiful picture to see the head of the family slicing his daily bread earned by the sweat of his brow, while sharing it copiously with his sons! Now, however, it is the very Jesus who is offering himself as the Living Bread, and it is Himself who sets up the measure, and who gives Himself away to us, with an overflowing magnanimity that makes us shudder with emotion.

Bread of Life..., of what Life? It is quite clear that it will not allow us to live down here any longer than we should; though it may indeed change the quality and depth of every instant we live here. Let us honestly ask ourselves: —What life do I want for me? And let us compare it with what our present life really is. Is this what you expected? Don't you think your horizon can widen much more? Then, look: much more than you and I together could ever imagine... much fuller... much more beautiful... much more... is the Life of Christ that throbs and pulsates in the Eucharist. And He is there, expecting us to eat Him, waiting at the door to our heart, patient, passionate, for He knows how to love. And, after that, the eternal Life: «Whoever eats of this bread will live forever» (Jn 6:58). —What else do you want?

### **What does a general audience with Pope Francis consist of?**

Here is the nature and purpose of these encounters with the Holy Father. An important weekly event, the general audience takes place every Wednesday. You may watch it live on EWTN or on YouTube. Together with the Sunday Angelus and the principal celebrations of the liturgical year, they represent the spiritual heart of Pope Francis' teaching.

The audiences draw people from all over the world, including non-Catholics, and give the pope the opportunity to share an often simple but profound catechesis on the Christian faith. They typically take place in St. Peter's Square or in the Vatican's Paul VI Hall. Since 2013, the first year of his pontificate, Pope Francis has given more than 300 of these short catechetical talks in which he proposes in a simple way the fundamental teachings of the Catholic Church.

The themes of the catechesis have included the sacraments, the gifts of the Holy Spirit, the Church, the family, mercy, Christian hope, Mass, baptism, confirmation, the commandments, the Lord's Prayer, the Acts of the Apostles, the Beatitudes, and prayer, among others.

At the end of the catechesis, the pope usually dedicates a few minutes to making appeals to humanity. In these appeals, he often calls for peace in places ravaged by war; asks for prayers for Christians in the world, in particular for those suffering persecution; and for peoples struck by natural disasters, epidemics, or incidents as well as for migrants.

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