

St Patrick's Parish Bulletin



St. Patrick's Church, Quebec City

Mission Statement

While honouring its Irish heritage, St. Patrick's Parish has a unique mission to live and share the teachings of Jesus Christ with Roman Catholics who worship in the English language in the Diocese.

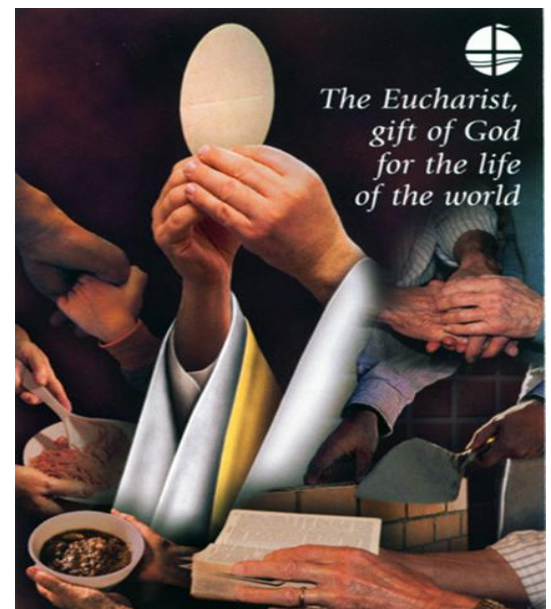
1145 de Salaberry, Quebec City QC G1R 2V7

418-524-3544 tel. 418-524-3541 fax <http://www.stpatricksquebec.com/>

Body and Blood of Christ, June 2nd, 2024





In its description of the Passover meal, the Gospel describes only the elements to be most essential to the Christian Eucharist: Jesus took bread, blessed the bread, broke the bread, and shared it with his disciples. Similar words and actions follow as Jesus shares the chalice with his disciples. This bread now shared is Jesus' own body. Those who drink from the chalice are invited to share in a new covenant which will be sealed by Jesus' own blood. This celebration of the Eucharist, as the Second Vatican Council taught us, is the source and summit of the Christian life.

(Loyola Press)



While they were eating, he took the loaf of bread, and after blessings it he broke it, gave it to them, and said, "Take; this is my body." Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, "This is my blood of covenant, which is poured out for many." (Mark 14.12-16.22-26)

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LITURGY AND SACRAMENTS	
 	Baptism, First Reconciliation, First Communion and Confirmation: Please contact the lay Pastoral Assistant at pastoral.assistant@stpatricksquebec.com .
 	Marriage and Wedding Anniversary Mass: Please contact the Pastor. Confessions: They are heard before Mass upon request.
Cantor	Helen McCauley
Cantor & Choir Director	Laura Palladino
Organist	Bruce Gaulin
Holy Hour (First Friday of the month, 7PM to 8PM) Priest available for the Sacrament of reconciliation	

Mass				Mass Intentions	
Day	Date		Liturgy	For	From
Saturday	June 1 st	16:00 pm	Body and Blood of Christ		
Sunday	June 2 nd	10:00 am	Body and Blood of Christ		
Monday	June 3 rd			No Mass	No Mass
Tuesday	June 4 th	11:30 am	Devotion to Our Lady of Perpetual Help (11:15)	Paul-Hubert Poirier	Rita Gomez Whitt
Wednesday	June 5 th	11:30 am		Pro Populo	
Thursday	June 6 ^h			No Mass	No Mass
Friday	June 7 th			No Mass	No Mass
Saturday	June 8 th	16:00 pm	10 th Sunday in Ordinary time		
Sunday	June 9 th	10:00 am	10 th Sunday in Ordinary time	Jeannette Fortier Maureen Myatt	Anniversary Mass Matthew Haren

The total collection for Last weekend Masses, is \$1090.00. Thank you for your generosity.

News of The Catholic Women's League Quebec City Council

☪ We will have a general meeting June 22nd from 2-3 pm in the hall. Please plan to attend as we will begin our focus on mental health and wellbeing.

HELP The Catholic Women's League was formed in the early 20th century to help immigrants arriving in Canada. Members continue to help the most vulnerable across the country. Come and add your helping hands to ours. Contact or Donate at cwlstpatrickscwl@gmail.com and visit www.cwl.ca often for news and information.

Holy Hour

On Friday June 7th, we will have Holy Hour from 7PM until 8PM. We will expose the Blessed Sacrament and have some prayers and moments of silence. Also, you will be able to go to the Sacrament of Reconciliation.

Gratitude

On Sunday June 9th after the Sunday Mass, we will have a cake in order to thank Richard for his services here in the parish for the past few years. The basket is placed in the atrium of the church if you want to express your appreciation with a card and a little gift.

Reflection for the Body and Blood of Christ Feast

When we gather to celebrate the Eucharist, Jesus welcomes us, he speaks to us and heals us. Pope Francis reminds us of this when he says, *'the Eucharist is not a prize for the perfect, but a powerful medicine and nourishment for the weak.'* That's all of us and each of us!

“This is my body. This is my blood”

Today, we solemnly celebrate the Eucharistic presence of Christ among us, the "gift par excellence": "This is my body... This is my blood." (Mk 14:22.24). Let us prepare to evoke in our souls the "Eucharistic Wonder" (Saint John Paul II).

In their Passover meal the Jewish people commemorated the history of salvation, the wonders God bestowed upon his people, especially the liberation from slavery in Egypt. In this commemoration, each family ate the Paschal lamb. Jesus Christ becomes the new and definitive Paschal lamb sacrificed on the Cross and eaten in the Eucharistic Bread.

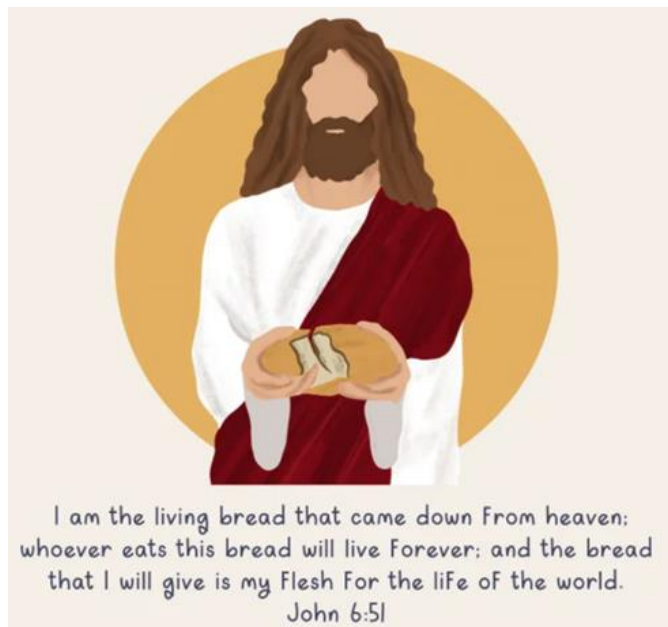
The Eucharist is sacrifice: it is the sacrifice of Christ's immolated body and his blood shed for all of us. This was anticipated at the Last Supper and continues to be renewed in each Eucharist. In the Eucharist we find our nourishment: it is the new food that gives life and strength to Christians while walking towards the Father.

The Eucharist means the presence of Christ among us. The risen and glorified Christ remains with us in a mysterious, yet real way in the Eucharist. This presence demands an attitude of adoration on our part and a personal communion with Him. The Eucharistic presence ensures that He remains with us and carries out the work of salvation.

The Eucharist is a mystery of faith. It is the center and the key to the life of the Church. It is the source and root of Christian existence. Without Eucharistic experience, the Christian faith would be reduced to a philosophy.

With the institution of the Eucharist Jesus gives us the commandment of love of charity. This is not merely the last recommendation of a friend who is leaving, or of a father who sees death approaching. It is the affirmation of the dynamism that He instills in us. Through Baptism, we begin a new life, which is nourished by the Eucharist. The dynamism of this life leads to loving our neighbors, growing until it becomes life-giving: by this they will know that we are Christians.

Christ loves us because He receives life from the Father. So, we too shall love by receiving life from the Father, especially through the nourishment of the Eucharist.



I am the living bread that came down from heaven;
whoever eats this bread will live forever; and the bread
that I will give is my flesh for the life of the world.
John 6:51

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