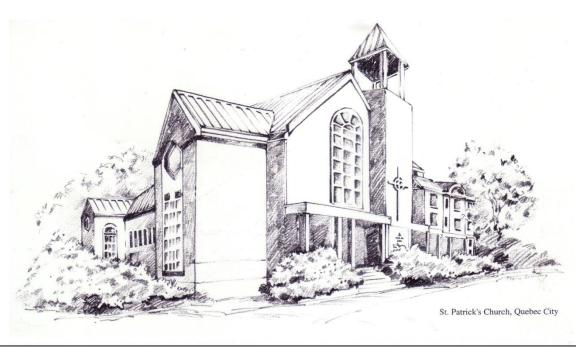
St Patrick's Parish Bulletin



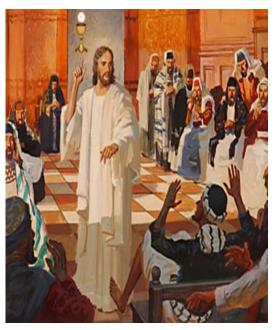
Mission Statement

While honouring its Irish heritage, St. Patrick's Parish has a unique mission to live and share the teachings of Jesus Christ with Roman Catholics who worship in the English language in the Diocese.

1145 de Salaberry, Quebec City QC G1R 2V7

418-524-3544 tel. 418-524-3541 fax http://www.stpatricksquebec.com/
Fourth Sunday in Ordinary Time, January 28th, 2024

In today's Gospel, Jesus drives the unclean spirit out of a man. In the prescientific age of Jesus' time, all illnesses were understood to be manifestations of evil and sinfulness. Our modern understanding of illness is very different. Possession by unclean spirits may have been a way to describe what we might call mental illness today. It may have even been a way of describing certain kinds of physical conditions. Jesus heals with unique authority and connects his healing activities with the words of his preaching. The Gospel tells us that because of the authority with which he healed, Jesus' fame spread throughout all of Galilee.



But Jesus rebuked him saying, "Be silent, and come out of him!" And the unclean spirit, convulsing the man and crying with loud voice, came out of him. (Mark 1.21-28)

PARISH STAFF				
Parish Priest	Fr. Réjean Lussier			
Lay Pastoral Assistant	Richard Drouin			
Office Manager	Anne Black			
Admin. Assistant	Marie-France Robitaille			
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Sacristan	Hélène Villeneuve			
TRUSTEES				
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Vice-President	Bridget O'Connor			
Treasurer	Pierre Gagnon			
Secretary	Philip Authier			
Member	Thomas Buijs			

LITURGY AND SACRAMENTS					
	Baptism, First Reconciliation, First Communion and Confirmation: Please contact the lay Pastoral Assistant at pastoral.assistant@stpatricksquebec.com.				
	Marriage and Wedding Anniversary Mass: Please contact the Pastor. Confessions: They are heard before Mass upon request.				
Cantor		Helen McCauley			
Cantor & Choir Director		Laura Palladino			
Organist		Bruce Gaulin			
Holy Hour (First Friday of the month, 7PM to 8PM) Priest available for the Sacrament of reconciliation					

Mass			Mass Intentions		
Day	Da	te	Liturgy	For	From
Saturday	January 27 th	16:00 pm	4 th Sunday Ordinary time	Florence McGarrety & Dan Black	Karen McGarrety
Sunday	January 28 th	10:00 am	4 th Sunday Ordinary time	Rejean Moreau	Pierre Gagnon
				Dan Black	Robert McGarrety
Monday	January 29th			No Mass	No Mass
Tuesday	January 30 th	11:30 am	Devotion to Our Lady of Perpetual Help (11:15)	Nancy Saville Bernier	Jean Saville
Wednesday	January 31st	11:30 am		Pro Populo	
Thursday	February 1st			No Mass	No Mass
Friday	February 2 nd			No Mass	No Mass
Saturday	February 3 rd	16:00 pm	5 th Sunday Ordinary time		
Sunday	February 4 th	10:00 am	5 th Sunday Ordinary time		

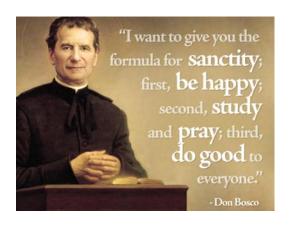
The total collection for last week's Masses is \$614.25. Thank you for your generosity

Holy Hour

On Friday February 2nd, we will have Holy Hour from 7PM until 8PM. We will expose the Blessed Sacrament and have some prayers and moments of silence. Also, you will be able to go to the Sacrament of Reconciliation.

Filipino Community Mass

On Saturday, February 3rd, at 7:00 pm, we will have a Mass organised by the Filipino Community. All are welcome.



News of The Catholic Women's League Quebec City Council

DEAR SISTERS: It has been our absolute pleasure to keep you caught up on council and league happenings for the last two years. We look forward to serving you in our new roles starting on Saturday January 20th. NEW EXECUTIVE: Congratulations on your nomination and election. May the peace of Christ be upon you and surround you and may Our Lady Of Good Counsel be especially near you at this time. Faithfully Yours. Jacqueline Quackenbush And Christie Mitchel.

"What is this? A new teaching with authority"

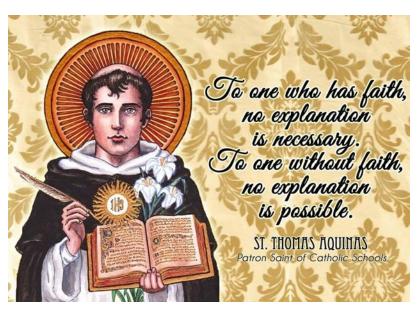
Today, Christ addresses us with His forceful cry, without doubts and with authority: "Quiet! Come out of him!" (Mk 1:25). He speaks to the evil spirits that live within us and prevent us from being free, as God has created and desired us to be.

Perhaps you have noticed that the first rule the founders of religious orders set up when establishing community life, is often that of silence: in a house where prayer is needed, silence and contemplation must reign. As the adage goes: "Noise makes no good, good makes no noise." This is why Christ commands that evil spirit to be silent, because its duty is to surrender to the Word, who "became flesh and made His dwelling among us" (John 1:14).

But it is true that with the admiration we feel for the Lord, a sense of sufficiency can also mix in, so much so that we may come to think, as Saint Augustine said in his own confessions: "Lord, give me chastity and continence, but not yet!" The temptation is to postpone our own conversion until later, because it does not fit with our personal plans at the moment.

The call to radical following of Jesus Christ is for the here and now, to make His Kingdom a reality in our lives, which struggles to make its way among us. He knows our lukewarmness, knows that we do not decidedly commit ourselves to live according to the Gospel; we want to procrastinate, to get by, to live, without stridency and without a sense of urgency.

Evil cannot coexist with good. Holy life does not allow sin. Jesus Christ says: "No one can serve two masters. He will either hate one and love the other, or be devoted to one and despise the other." (Matthew 6:24). Let us take refuge in the holy tree of the Cross and let its shadow be cast over our lives; and let Him comfort us, make us understand the purpose of our existence, and grant us a life worthy of being Children of God.





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LACHAPELLE

HÔPITAL VÉTÉRINAIRE 653.2858 3301, CHEMIN SAINT-LOUIS, QUÉBEC (QC)



Wellness

The community Wellness Centre in the Jeffery Hale Pavilion promotes the well-being of Englishspeakers living in the Quebec City region 418 684-5333

wejh.ca 1270, ch. Sainte-Foy, Québec G1S 2M4

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www.lepinecloutier.com

This space is available for publicity

Contact the parish at: 418-524-3544



BRYAN O'GALLAGHER

AVOCAT / LAWYER

GRAVEL BERNIER VAILLANCOURT AVOCATS

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