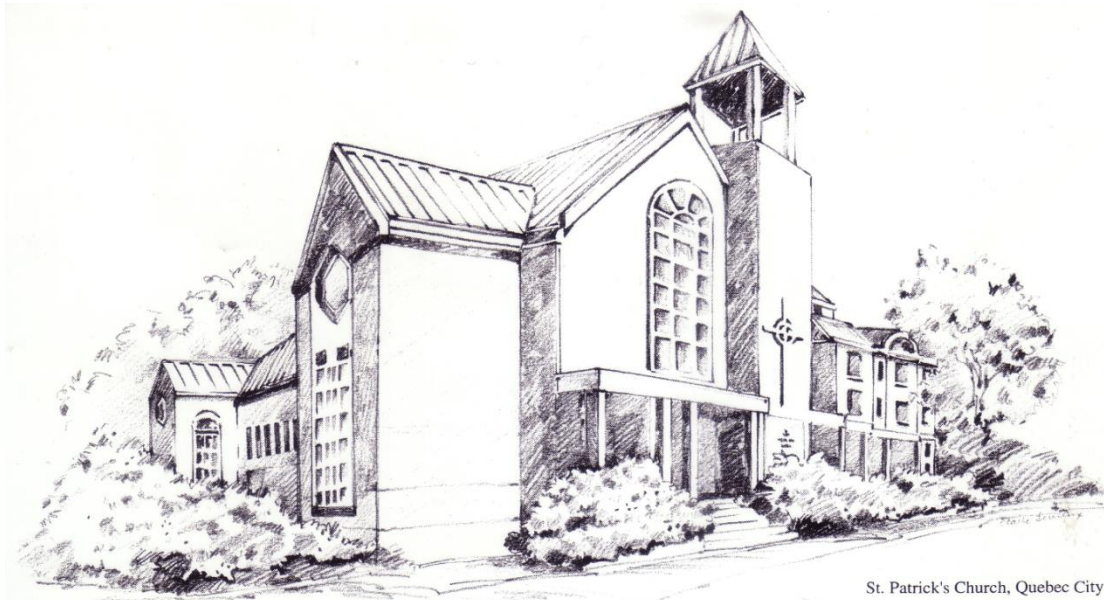


St Patrick's Parish Bulletin



St. Patrick's Church, Quebec City

Mission Statement

While honouring its Irish heritage, St. Patrick's Parish has a unique mission to live and share the teachings of Jesus Christ with Roman Catholics who worship in the English language in the Diocese.

1145 De Salaberry, Quebec City QC G1R 2V7

418-524-3544 tel. 418-524-3541 fax <http://www.stpatricksquebec.com/>

14th Sunday in Ordinary Time, July 9th, 2023


In the Gospel, Jesus first prays in thanksgiving to God who has made himself known to Jesus' disciples. He praises God who has made himself known to the "little ones" and not to the wise and learned. In the concluding sentences, Jesus' teaching is again contrasted to the teaching of the Pharisees. The careful observance of the Mosaic Law taught by the Pharisees could be experienced by some as difficult and burdensome. In contrast, Jesus' way of holiness is presented as uncomplicated and even restful. (Loyola Press)



“Come to me, all you that are weary and carrying heavy burden, and I will you rest rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.”

(Matthew 11.25-30)

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LITURGY AND SACRAMENTS	
	Baptism, First Reconciliation, First Communion and Confirmation: Please contact the lay Pastoral Assistant at pastoral.assistant@stpatricksquebec.com .
	Marriage and Wedding Anniversary Mass: Please contact the Pastor.
	Confessions: They are heard before Mass upon request.
Cantor	Helen McCauley
Cantor & Choir Director	Laura Paladino
Organist	Bruce Gaulin

St. Benedict: “Let all guests who arrive be treated as Christ...” and “In the reception of the poor and of pilgrims, the greatest care and solicitude should be shown, because it is in them that Christ is received...” (Rule Ch. 53).



The collection total for last week's Masses was \$729.35. Thank you for your generosity.

Mass			Mass Intentions	
Day	Date	Liturgy	For	From
Saturday	July 8 th 4:00 pm	14 th Sunday in Ordinary time	Lena Healy	Elisabeth Healy
Sunday	July 9 ^h 10:00 am	14 th Sunday in Ordinary time	Charlotte Pichard	Helen Pichard
			John O'Connor	Edward Murphy
Monday	July 10 th		No Mass	No Mass
Tuesday	July 11 th 11:30 am	Devotion to Our Lady of Perpetual Help (11:15)	Pro Populo	
Wednesday	July 12 th 11:30 am		Terence Kerwin	Edward Murphy
Thursday	July 13 th		No Mass	No Mass
Friday	July 14 th		No Mass	No Mass
Saturday	July 15 th 4:00 pm	15 th Sunday in Ordinary time	O'Donnell & McCauley Families	Constance O'Donnell
Sunday	July 16 th 10:00 am	15 th Sunday in Ordinary time	Roland Gosselin	André Gosselin & Family
			Christie Mitchell & Sylvain Tremblay	For their 5 th wedding anniversary

Donations for Ukrainians in Need

If you wish to contribute, you can put your donations in the wooden box where it is written: Donations for Ukrainians in Need in the church near the Holy Water Font. You can also take special envelopes which are available for this purpose on the stand in the atrium of the church. Tax receipts can be issued if you provide your parishioner number or full name and address on the envelope. Donations by cheque must be made out to St-Patrick's Parish.

Donations using QR Code

It is now possible to give donations to the parish by using a QR Code with your cell phones. By scanning it, it will indicate what you should do in order to give your donations. The QR Code is on the table in the atrium of the church. Thanks for your generosity.

News from the Catholic Women's League of St. Patrick's Parish

Have a blessed and safe summer. In August and September we will be having an outing and then a book, bake, and silent auction fundraiser. We appreciate your donations. We welcome new members. Please contact Christie Mitchell capgrad1983@gmail.com 4185735648 and visit www.cwl.ca for more information and inspiration.

“Come to me, all you who labor and are burdened, and I will give you rest.”

Today, Jesus shows us two realities that define Him: no one knows the Father except Him, and He is “meek and humble of heart.” (Mt 11:29). We can also discover two necessary attitudes to understand and live what Jesus offers us: simplicity and the desire to approach Him.

Wise and learned men often find it difficult to enter into the mystery of God's Kingdom, because they are not open to the novelty of divine revelation; God never ceases to manifest Himself, but they believe that they already know everything and, therefore, God can no longer surprise them. The simple ones, on the other hand, like children at their best, are receptive; they are like a sponge that absorbs water, they have the capacity for surprise and admiration. There are also exceptions, and even, there are experts in human sciences who can be humble in terms of the knowledge of God.

In the Father, Jesus finds his rest, and his peace can be a refuge for all those who have been maladjusted by life: “Come to me, all you who labor and are burdened, and I will give you rest.” (Mt 11:28). Jesus is humble, and humility is the sister of simplicity. When we learn to be happy through simplicity, then many complications unravel, many needs disappear, and in the end, we can rest. Jesus invites us to follow Him; He does not deceive us: being with Him is to carry His yoke, to assume the demand for love. We will not be spared suffering, but His burden is light, because our suffering will not come because of our selfishness, but we will suffer only what is necessary and no more, because of love and with the help of the Spirit. Also, let's not forget, "the tribulations suffered for God are softened by hope." (St. Ephrem).

ABANDONMENT TO MARY (St. Bonaventure)

Virgin full of goodness,
Mother of Mercy,
I entrust to you my body and soul,
my thoughts, my actions,
my life and my death.
O my Queen, help me,
and deliver me from all the snares of the devil.
Obtain for me the grace
of loving my Lord Jesus Christ, your Son,
with a true and perfect love,
and after him, O Mary,
to love you with all my heart
and above all things.
Amen.

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