

St. Patrick's Church, Quebec City

While honouring its Irish heritage, St. Patrick's Parish has a unique mission to live and share the teachings of Jesus Christ with Roman Catholics who worship in the English language in the Diocese.




418-524-3544 tel. 418-524-3541 fax <http://www.stpatricksquebec.com/>

In today's Gospel, Jesus' words challenge us as disciples. In our desire to show that we are holy, we might also give too much credence to externals, following rules without thinking about the intention behind them. Jesus reminds us that we do not make ourselves holy by our actions. Rather, we become holy when we allow God's Spirit to transform us. Our actions should be an expression of the conversion of our heart to God and to God's ways.



”Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile them, but the things that come out of a person are what defile them.” (Mark 21-23)

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SACRAMENTS	
	Baptism, First Reconciliation, First Communion and Confirmation: Please contact the lay Pastoral Assistant at pastoral.assistant@stpatricksquebec.com .
	Marriage: Please contact the Pastor.
	Confessions: They are heard before Mass upon request.

Ministers and servers	Saturday August 28 th 16:00	Sunday August 29 th 10:00	Saturday September 4 th 16:00	Sunday September 5 th 10:00
READERS & CANTOR				
EUCCHARISTIC MINISTER				
SERVERS				
USHERS				
OFFERTORY COLLECTION				



The last week collection was \$1140.05. It includes Sunday Mass, Funeral Masses and Baptism Celebration. Thanks you for your continuing generosity.

Mass			Mass Intentions	
Day	Date	Liturgy	For	From
Saturday	August 28 th (16:00)	22 nd Sunday Ordinary time	Rosemary Bowles	Helen & Steve Kack
Sunday	August 29 th (10:00)	22 nd Sunday Ordinary time	Jackie O'Grady (1 st anniversary)	The O'Grady & Fournier Family
Monday	August 30 th (11:30)		<i>Pro Propulo</i>	
Tuesday	August 31 th (11:30)			
Wednesday	September 1 st (11:30)			
Thursday	September 2 nd		No Mass	No Mass
Friday	September 3 rd	St Gregory the Great	No Mass	No Mass
Saturday	September 4 th (16:00)	23 rd Sunday Ordinary time	Rosemary Bowles	Helen & Steve Kack
Sunday	September 5 th (10:00)	23 rd Sunday Ordinary time	Charlotte & Alfred Pichard Iris & Rita Murphy	Helen Pichard Lachapelle Family

Job Offer

Looking for a volunteer with IT experience: In the next several months, the Parish will be working on upgrading its information technology infrastructure and upgrading (or replacing) its accounting system. We are looking for volunteers who have experience in IT or accounting software to help us with these projects. If you are interested, please contact Anne Black at the parish office, or email info@stpatricksquebec.com

Year of St Joseph: A daily prayer to St Joseph... and a challenge

In his letter, Pope Francis notes how, “Every day, for over forty years, following Lauds [Morning Prayer]” he has “recited a prayer to Saint Joseph taken from a nineteenth-century French prayer book of the Congregation of the Sisters of Jesus and Mary.” This prayer, he says, expresses devotion and trust, and even poses a certain challenge to Saint Joseph,” on account of its closing words: “My beloved father, all my trust is in you. Let it not be said that I invoked you in vain, and since you can do everything with Jesus and Mary, show me that your goodness is as great as your power.”

Prayer to St Joseph

*Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.*

«You even put aside the commandment of God to hold fast to human tradition»

Today, the Word of the Lord helps us to discern that over and above our human usages we have to place God's Commandments. In fact, as time goes by, it is easy for us to distort the evangelic advice and, willingly or not, replace the Commandments or engulf them in a punctilious meticulousness: «They eat anything when they come from the market without first washing themselves. And there are many other traditions they observe, for example, the ritual washing of cups, pots and plates...» (Mk 7:4). This is why plain people, with their typical common sense, paid little attention to the doctors of the Law or to the Pharisees, who were putting more emphasis on their human speculations than on God's Word. To the religious hypocrite Jesus applies Isaiah's prophetic complaint («You, shallow people! How well Isaiah prophesied of you when he wrote: ‘This people honors me with their lips, but their heart is far from me»: Mk 7:6).

When these last years, Saint John Paul II, in the name of the Church, expressed his sorrow for all the negative things that her children had done throughout history, he did it by saying that «we had separated from the Gospel».

Jesus tells us: «Nothing that enters one from outside can make that person unclean. It is what comes out from within that makes unclean» (Mk 7:15). What comes out of a man's heart, from a person's conscious seclusion, is what can make us bad. This malice is what harms Mankind and us specifically. Religiosity does not consist precisely in washing our hands (remember Pilate who delivers Jesus Christ to be crucified!), but in keeping our heart pure.

Speaking positively, this is what St. Therese of Lisieux tells us in her Biographic Manuscripts: «Considering the mystical body of the Church (...) I understood that the Church has a heart and that this heart was burning with love». From a loving heart springs the well done deeds that help precisely those who really need help («For I was hungry and you gave me food...»: Mt 25:35).

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